

Struggling with your child's behaviour?

Get the skills you need.

Learn new, *proven* strategies from child psychologists alongside other parents.



The UNSW Parent-Child Research Clinic is offering a 7-week group parenting program to teach you research-backed techniques to improve your young child's challenging behaviour.

Learn science-based parenting strategies to encourage your child to be calmer and listen better, from psychologists experienced in disruptive child behaviour.


Open to all parents and caregivers of children aged between 18 months and 5 years.

In this structured, interactive, and supportive program you'll learn to:

- Understand your child's development and learning
- Adjust your daily routines to create a more peaceful home
- Troubleshoot common challenges in parenting young children, including bedtime battles, tantrums and whinging
- Feel less stressed and more competent as a parent.

Contact us to register your interest today.

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Mention
HOTDOCS